Culinary Volunteer: UnBagged Lunch Program Guidelines

*Modified Due to the Current Covid-19 Crisis*

The Light House distributes approximately 100 meals daily to our residents and community clients who are in need of food. Meals are available at any time for anyone who comes to our doors hungry. This program is supported solely through donations provided by volunteers and it is a critical need for The Light House.

As a result of programmatic evaluation due to COVID-19, volunteers are asked to follow the updated UnBagged Lunch Guidelines. The Light House is no longer serving the lunch in brown paper bags and asks that volunteers refrain from packing sides, water and sandwiches together. Volunteers should only assemble the sandwiches offsite and wrap them in individual sandwich bags. The Light House does not have the storage capacity to store assembled lunches. Only volunteers that have registered through the Sign-up Genius to drop off meals will be allowed on site. There are 3 slots, 25 meals per slot and maximum of 75 meals per day.

To sign-up to participate, please visit: [https://bit.ly/31AZpM7](https://bit.ly/31AZpM7)

**Sandwich Guidelines:**

Individual sandwiched bag wrapped sandwiches can include the following options:

- Meat (Beef, Ham, Bologna or Turkey) and Cheese **ONLY** (No condiments, lettuce or tomato)
- Condiment packets are welcome

**Healthy Snack Items - Pick 2:** Snacks should be individually wrapped and sealed

- Carrot / celery sticks
- Nuts / raisins / trail mix
- Pudding cups
- Granola Bar-Graham crackers
- Pretzels/Popcorn/healthy lunch size snack bags
- Snack crackers (peanut butter/cheese)
- Fresh Whole Fruit (apples or oranges)
- Fruit Cup (fruit cocktail, applesauce)

**Drinks:**

- Individual water bottles still in the case.

*Thank you for your support!*

08/28/20